Your doctor has prescribed Efudex (5-Fluorouracil) for treatment of the pre-malignant lesions on your skin. The “usual” course of therapy involves application **morning and night** for 14-28 days. Unless otherwise instructed:

1. **Do** apply very sparingly to the areas directed, i.e., entire face (with the exception of the eyelids and lips - to the lip line only), ears, neck, hands, arms, and upper chest. Apply the cream into the hairline, sideburns, inside the ears, back surfaces of the ears, mastoid area, and neck is essential.

2. **Do** wash your face normally. You may wash several times during the day, however the Efudex need be applied only once in the morning and once before bedtime. Shave, wash, and shampoo per your normal routine.

3. **Do** apply sun screen if you are going to be outside. This is best done at least 5 minutes after application of the Efudex. You may use moisturizers and make-up on top of the Efudex. (If these products sting, burn, or itch immediately wash them off with soap and water and do not re-apply them., however do continue with your Efudex therapy)

4. **Do** expect that you will have areas of redness which may be tender and may progress to be crusted. The Efudex is specific for those areas of danger and will only inflame those areas of potential skin cancer.

5. **Do** call our office if you experience untoward painful reaction, swelling, or if the reaction becomes such that it is keeping you awake at night.

6. **Do not**: expose yourself to excessive sunshine during the course of Efudex or for 6 weeks thereafter.

7. **Do not** swim during the course of Efudex as the chlorine will irritate the newly forming skin.

8. **Do not** apply Neosporin or triple antibiotic ointment.

9. **Do not** apply the Efudex excessively. ½ tube should last the entire two weeks for the average face, ears, and chests. If you are also doing your hands and arms an entire tube may be required.